

**COURSE ENROLLMENT FORM**

Please complete ALL sections and email to [admin@outwardbound.my](mailto:admin@outwardbound.my)

1. Personal Information						
Full Name						
Gender	<input type="checkbox"/> Male	<input type="checkbox"/> Female	Age		Date of Birth	/ /
I/C or Passport Number			Nationality			
Home Address						
Phone	Mobile :		House :		Office :	
Email address						
Occupation (if Student, please state name of School, College & University)						
Language Spoken	<input type="checkbox"/> Bahasa Malaysia	<input type="checkbox"/> English	<input type="checkbox"/> Others :			

2. Next of Kin Details			
Full Name			
Home Address <input type="checkbox"/> Tick here if same as your address			
Relationship			
Phone	Mobile :	House :	Office :
Email Address			

3. Course Information			
Course Name		Course Dates	
Mode of Transport (only for PACK N PADDLE, YCC, YAC, CAC & CC)	<b>Arrival :</b> <input type="checkbox"/> Lumut Bus Station <input type="checkbox"/> Own Transport	<b>Departure :</b> <input type="checkbox"/> Lumut Bus Station to :..... <input type="checkbox"/> Own Transport	



**4. Undertaking to Comply with Training Instructions and Safety Regulations**

I/My child shall comply with all training instructions and safety regulations, whether orally or in writing, issued by the OBTM, Lumut.

I/My child acknowledge that consumption of **cigarettes, tobacco products, alcoholic beverages, drugs, outside foods, reading materials (except religious material)** during the duration of the course is absolutely prohibited. Handphones and personal cash will be held for safekeeping for the duration of the course.

I/My child shall also fully co-operate with the trainers and staff and adhere to their advice and instructions, when performing the activities in the course.

Above 18 years old - signed by participant

Below 18 years old - signed by parent/guardian

Signature:.....

Name:.....

**5. Acknowledgement of Risk**

**COURSE:**

1. I/My Child shall be attending the above Outward Bound Course ("the Course") on the stated date. I acknowledge that the Course is conducted outdoors. It requires my/my child participation in physical activities and exercises. Further certain activities such as jungle trekking, sea kayaking, sailing, rock climbing, ropes handling, land and sea expeditions involve a high degree of mental and physical effort on my/my child part.
2. I accept that my/my child participation in the Course involves certain degree of risks. To enable successful participation in the Course, I/my child need to diligently follow all your training instructions and safety regulations.
3. I/My child also agree to indemnify the Outward Bound Trust of Malaysia, the Outward Bound International and Outward Bound Global, its servants and agents for any expenses incurred for losses and damage to property that may be suffered by them directly or indirectly by me/my child **failure to follow** their training instructions and safety regulations.
4. This agreement shall be binding upon, and inure to the benefit of the parties and their respective successors and permitted assignees, and references to a party in this agreement shall include its successors and permitted assignees.

**PERMISSION REQUESTED:**

I hereby grant permission to the Outward Bound Trust of Malaysia to do video/photography during the course and to use this material in the Outward Bound Trust of Malaysia audio-visual and printed matter without compensation or approval rights.

Above 18 years old - signed by participant

Below 18 years old - signed by parent/guardian

Signature:.....

Name:.....



**6. General Medical Examination (compulsory)**

Dear Doctor,

Outward Bound is a leading experiential education organization, with an international network of regional schools across the world. Our wide-ranging course offerings occur in the wilderness (jungle), and on the sea. Among the activities conducted in the Outward Bound are, Kayaking, Whaler (Sailing) and Rafting which are sea going activities. We also conduct Jungle trekking (land based) and Rope based activities such as Climbing and Abseiling. The nature of a majority our activities are physical and require a sound medical fitness before undergoing our courses.

**Medical**

- a) Heart Rate
- b) Blood Pressure
- c) Body Temperature
- d) Height
- e) Weight

Anyone who suffers from any of the following illnesses or disabilities should not attend our course (participant must declare to attending Doctor):

- Pregnant
- Hypertension needing long term medication
- Severe asthma that will impede physical activities
- Severe allergy:.....?
- Current fractures & dislocation
- Epilepsy
- Heart Related Problem

I have examined the person named....., dated .....  
in my opinion he/she is **FIT/UNFIT** to undergo the course.

If UNFIT, kindly state why? .....  
.....

Doctor's Signature : .....

Name (in capital letters) : .....

Name and address of Clinic : .....

*A medical screening is required before undergoing our programs. The Outward Bound requires the screening to be conducted, at a minimum of 30 days, before commencement of the course.*



**7. Payment Term**

- FEES - Course fees cover board, lodging, training activities, usage of equipment, basic first-aid treatment, Group Personal Accident insurance coverage of up to RM25,000 with maximum claim for medical fees of RM2,000 and the Course Certificate.
- PAYMENT OF FEES – The full Course Fees must be paid upon submitting the Course application. The payment for the course fee and all other charges shall be made in favor of **THE OUTWARD BOUND TRUST OF MALAYSIA at Public Bank account 306-546-092-1**
- WITHDRAWAL – If you wish to withdraw, you must notify us in writing. Your withdrawal must be received by us, not later than seven (14) days prior to the commencement of the Course, to entitle you to obtain a full refund of the Course fees. The management has full discretion as to whether to refund or otherwise of the Fees paid if notification is received later than the seven (14) days prior to the commencement of the course.
- NON ATTENDANCE /DISQUALIFICATION - A no-show/non attendance or a voluntary drop-out of the Course on your part will be treated as an automatic withdrawal on your part. All Course fees paid by you shall be automatically forfeited.

**8. Packing Checklist**

Attire for Activities (Minimum Requirements)		Camping Equipment	
1. T-Shirt		1. Sleeping bag (optional)	
a) Long Sleeve	2	2. Torchlight & battery	
b) Short Sleeve	4	3. Sun Protection	
2. Shorts	2	4. Cap/Hat	
3. Long Pants	3	5. Rain coat	
4. Sport Shoes	1	6. Insect Repellent	
5. Water Shoes/booties	1	<i>(Personal camping equipment are not advised to bring during the programme especially hammock, knife, lighter and etc.)</i>	
6. Sandals	1		
7. Socks	2		
8. Prayer Clothes	1		
<b>Toiletries</b>		<b>Others</b>	
1. Towel		1. Personal Medication	
2. Body soap		2. Inhaler & Asthma medication	
3. Shampoo		3. Camera	
4. Toothbrush/tooth paste		4. Cloth Hanger	} optional
5. Laundry detergent		5. Handsocks	
6. Sanitary pad		6. Gloves	
		7. Alarm Clock	

\* Military/camouflage-print attire not permitted.

**9. Direction to OBM**

1. Google Map : The Outward Bound® Trust of Malaysia
2. WAZE : The Outward Bound Trust Of Malaysia